



*Hope is the belief that the future will be better than today,  
and that I have the power to make it so!*

Research evidence is clear, that creating organizations that enable clients, employees, and stakeholders to find hope, enhance hope and model hope has significant power. For Hope to Rise, the organization needs hope centered leaders to navigate and guide others in the adoption of hope into the organization.

The role of the Hope Navigator team is to provide leadership and consultation in creating a culture of hope within an organization or community. The navigator is a certified expert in hope theory and its application. Through this expertise, the navigator will create widespread awareness on the science and power of hope. Using presentations, consultations, and leadership, the hope navigator advances a common language of hope for collective impact among a multidisciplinary team.

#### Activities for the Project:

1. Demonstrate thorough knowledge of Hope Theory as it relates to the organization in terms of well-being, achievement, and support.
2. Lead the implementation of site goals related to the Hope Centered project.
3. Collaborate with other Hope Navigators to problem solve and sustain the goals of the program.
4. Be a resource for information about hope within the organization with other colleagues.
5. Lead hope focused professional development activities.

### Training

#### Hope Navigator (Lecture, Discussion, and Implementation planning)

Training advances to high impact when an organization has expertise to sustain the ideas beyond a training event. This training develops expertise within your organization to set organizational goals and build the strategic pathways to implement hope centered sustainable programs. The Hope Navigator is an in-depth 12-hour training that builds the implementation strategies for goal attainment. Hope Navigators must have a commitment to the Science of Hope and be willing to use this program to sustain your organization's Hope Centered vision.

#### Benefits of Training:

Evaluations have demonstrated the benefits of hope navigator training occur at both the organizational and practice domains of the agency. Additionally, these benefits have emerged at individual, program, organization, and system levels.

### **HOPE NAVIGATOR BENEFITS**

<b>LEVEL OF IMPACT</b>	<b>OUTCOMES</b>
Individual	<ul style="list-style-type: none"><li>• Buffer to burnout and turnover.</li><li>• Increase in wellbeing.</li><li>• Confidence to apply the science of hope to improve outcomes.</li></ul>
Program	<ul style="list-style-type: none"><li>• Ability to use hope with customers/clients/students.</li><li>• Ability to create hope centered tools, processes to improve program effectiveness.</li></ul>
Organization	<ul style="list-style-type: none"><li>• Positive impact on organizational culture.</li><li>• Improved on-boarding and human resource processes.</li><li>• Positive impact on stakeholder communication.</li><li>• Positive impact in organizational effectiveness.</li></ul>
System	<ul style="list-style-type: none"><li>• Improvement in Trust, Communication, and Cohesion.</li><li>• Promotes a common language for system impact.</li><li>• Promotes interagency cooperative agreements.</li><li>• Increase in shared practice to improve citizen outcomes.</li></ul>
Community	<ul style="list-style-type: none"><li>• Promotes common language across diverse sectors in a community.</li><li>• Enhances coordinated community response.</li><li>• Enhances collective hope.</li><li>• Increase in social action (e.g., voting, volunteerism).</li><li>• Increase in community well-being.</li></ul>